

Blacktown City Athletics Club

ANSW Permit Meet

13 January 2010

Track Results

60m Ladies

Heat 1

| Place | Name | Number | Club | Time |
|-------|----------------|--------|------|------|
| 1 | J Knox | 316 | UTS | 7.4 |
| 2 | L Pasternatsky | 324 | UTS | 7.6 |
| 3 | L Verlindan | 36 | UTS | 7.7 |
| 4 | K Morton | 1914 | UTS | 7.9 |
| 5 | M Smith | 1906 | UTS | 8.1 |

Heat 2

| | | | | |
|---|------------|------|-------------|-----|
| 1 | T Singh | 2422 | Asics West | 7.8 |
| 2 | T Holt | 40 | Sydney Uni | 8 |
| 3 | V Diloi | 636 | Bankstown | 8.2 |
| 4 | T Barrett | 611 | Bankstown | 8.3 |
| 5 | M Collison | 856 | Cherrybrook | 8.5 |
| 6 | K Bangel | 133 | Asics West | 8.6 |

Heat 3

| | | | | |
|---|------------|------|-----------|-----|
| 1 | C Wearne | 1127 | Girraween | 8.1 |
| 2 | M Scott | 905 | Blacktown | 8.3 |
| 3 | N Apikotoa | 1504 | Blacktown | 8.5 |
| 4 | E Latouche | 1501 | Blacktown | 8.6 |
| 5 | B Kirk | - | Doonside | 8.8 |
| 6 | D Messina | 2542 | Blue Mtns | 9 |

Heat 4

| | | | | |
|---|--------------|------|---------------|------|
| 1 | A Tait | 11 | Kings Langley | 8.4 |
| 2 | C Moore | 1131 | Girraween | 8.6 |
| 3 | C Ribeiro | 3046 | Westfields | 9.1 |
| 4 | J Cayanan | 1510 | Blacktown | 9.4 |
| 5 | S Willmott | 15 | Doonside | 9.5 |
| 6 | A Kolodziej | 2742 | Hills | 9.7 |
| 7 | V Saparovich | 2987 | Girraween | 9.9 |
| 8 | S Wilcox | 20 | Doonside | 10.1 |

60m Mens

| Place | Name | Number | Club | Time |
|--------|---------|--------|-----------|------|
| Heat 1 | | | | |
| 1 | M Dunne | 632 | Bankstown | 6.7 |
| 2 | L Clark | 1907 | UTS | 7 |

| | | | | |
|---|-----------|-----|-----------|-----|
| 6 | M Soliman | 910 | Blacktown | 7.7 |
|---|-----------|-----|-----------|-----|

Heat 3

| | | | | |
|---|------------|------|-----------|-----|
| 1 | A Nazari | 2857 | ASW | 7.4 |
| 2 | G Bruce | 509 | Illawong | 7.7 |
| 3 | I Frater | 909 | Blacktown | 7.9 |
| 4 | B Harwanek | 929 | Blacktown | 8 |
| 5 | R Giesler | 1122 | Girraween | 8.2 |
| 6 | S Parkins | 1395 | Girraween | 8.6 |

Heat 3

| | | | | |
|---|------------|------|---------------|------|
| 1 | C Lemon | - | UTS | 8.1 |
| 2 | P Delamott | 3301 | ASW | 8.6 |
| 3 | T Owen | 83 | Kings Langley | 9.5 |
| 4 | H Colburn | 320 | UTS | 9.7 |
| 5 | R Hughes | - | NSW Masters | 10 |
| 6 | R Owen | 80 | Kings Langley | 10.1 |

100m Female

| Place | Name | Number | Club | Time |
|-------|------|--------|------|------|
|-------|------|--------|------|------|

Heat 1

| | | | | |
|---|----------------|------|------------|------|
| 1 | J Knox | 316 | UTS | 12.2 |
| 2 | L Pasternatsky | 324 | UTS | 12.5 |
| 3 | K Morton | 1914 | UTS | 12.7 |
| 4 | M Smith | 1906 | UTS | 13 |
| 5 | E Jenkins | 2546 | Sydney Uni | 13.3 |
| 6 | V Dilo | 636 | Bankstown | 13.5 |

Heat 2

| | | | | |
|---|-----------|------|------------|------|
| 1 | T Singh | 2422 | Asics West | 12.5 |
| 2 | D Defoe | 904 | Blacktown | 12.8 |
| 3 | S Hulme | 391 | UTS | 13 |
| 4 | T Holt | 40 | Sydney Uni | 13.1 |
| 5 | K Barrett | 611 | Bankstown | 13.2 |
| 6 | P Davis | 411 | UTS | 13.4 |

Heat 3

| | | | | |
|---|------------|------|-------------|------|
| 1 | M Scott | 905 | Blacktown | 13.1 |
| 2 | C Wearne | 1127 | Girraween | 13.3 |
| 3 | K Bangel | 133 | Asics West | 13.5 |
| 4 | G Glassock | 614 | Bankstown | 13.7 |
| 5 | M Collison | 856 | Cherrybrook | 14.2 |

Heat 4

| | | | | |
|---|----------|------|------------------|------|
| 1 | A Jobson | 3000 | Macquarie Hunter | 13.6 |
| 2 | A Tait | 11 | Kings Langley | 13.8 |
| 3 | L Heath | 1044 | Blue Mountains | 14 |

100m Mens

| Place | Name | Number | Club | Time |
|--------|-------------|--------|----------------|------|
| Heat 1 | | | | |
| 1 | L Clark | 1907 | UTS | 10.6 |
| 2 | M Dunne | 632 | Bankstown | 10.8 |
| 3 | J Lynch | 764 | Sydney Pacific | 11.3 |
| 4 | E Watanabe | 2008 | Sydney Pacific | 11.4 |
| 5 | A Elkout | 633 | Bankstown | 11.6 |
| 6 | T Sloot | 398 | UTS | 11.8 |
| Heat 2 | | | | |
| 1 | B Southwell | 1002 | Westfields | 11.2 |
| 2 | B Langtry | 1014 | Campbeltown | 11.5 |
| 3 | K Tukuafu | 1502 | Blacktown | 11.8 |
| 4 | M Scott | 353 | UTS | 12 |
| 5 | M Soliman | 910 | Blacktown | 12.2 |
| Heat 3 | | | | |
| 1 | A Nazali | 2857 | Asics West | 12.1 |
| 2 | I Frater | 909 | Blacktown | 12.3 |
| 3 | C Lemon | - | UTS | 12.5 |
| 4 | B Harwanek | 929 | Blacktown | 12.7 |
| 5 | R Sultana | 921 | Blacktown | 12.9 |
| 6 | S Rathore | 2418 | Sydney Uni | 13.1 |
| Heat 4 | | | | |
| 1 | R Giesler | 1122 | Girraween | 13.3 |
| 2 | B Tindall | 1495 | Blacktown | 13.4 |
| 3 | D Ellis | 2566 | Asics West | 13.6 |
| 4 | D Pattin | 331 | UTS | 13.7 |
| 5 | S Parkins | 1395 | Girraween | 13.8 |
| 6 | P Delamotte | 3301 | ASW | 14.2 |
| Heat 5 | | | | |
| 1 | T Owen | 83 | Kings Langley | 15.2 |
| 2 | H Colburn | 320 | UTS | 15.5 |
| 3 | R Hughes | - | NSW Masters | 15.6 |
| 4 | R Owen | 82 | Kings Langley | 16.4 |

400m Ladies

| Place | Name | Number | Club | Time |
|--------|----------|--------|-------|------|
| Heat 1 | | | | |
| 1 | O Tauro | 2410 | Hills | 54 |
| 2 | A Rubie | 315 | UTS | 55 |
| 3 | S Toemoe | 1960 | UTS | 56.4 |

| | | | | |
|---|----------|------|-------|--------|
| 6 | J Dorson | 199 | Asics | 1.01.6 |
| 7 | M Byers | 1153 | Asics | 1.03.5 |

Heat 3

| | | | | |
|---|-------------|------|----------------|--------|
| 1 | N Apikotoa | 1504 | Blacktown | 1.02.9 |
| 2 | A Tape | 2228 | Nambucca | 1.03.3 |
| 3 | D Messina | 2542 | Blue Mountains | 1.03.5 |
| 4 | G Glassock | 614 | Bankstown | 1.04.7 |
| 5 | K Whiteside | 588 | Bankstown | 1.06.9 |
| 6 | S Kalemusic | 585 | Bankstown | 1.07.8 |
| 7 | S Tape | 2227 | Nambucca | 1.09.6 |

Heat 4

| | | | | |
|---|--------------|------|------------|--------|
| 1 | O Dooley | 1994 | UTS | 1.08.1 |
| 2 | M Romer | 584 | Bankstown | 1.09.0 |
| 3 | S Willmott | 15 | Doonside | 1.11.0 |
| 4 | C Ribeiro | 3046 | Westfields | 1.11.2 |
| 5 | V Separovich | 2987 | Girraween | 1.12.8 |

400m Mens

| Place | Name | Number | Club | Time |
|---------------|-------------|---------------|-------------|-------------|
| Heat 1 | | | | |
| 1 | J Milburn | 1 | Asics West | 47 |
| 2 | J Groth | 38 | Bankstown | 49.5 |
| 3 | B Keite | 2590 | Bankstown | 49.7 |
| 4 | A Elkout | 633 | Bankstown | 51.1 |
| 5 | S Andrezza | 1910 | UTS | 51.2 |
| 6 | T Slood | 398 | UTS | 51.4 |
| 7 | A Clark | 1912 | UTS | 51.5 |

Heat 2

| | | | | |
|---|-------------|------|----------------|------|
| 1 | J Beadman | 2754 | Blue Mountains | 51.4 |
| 2 | J Chen | 757 | Ryde | 52.3 |
| 3 | C Hallworth | 504 | Illawong | 53 |
| 4 | G Avery | 2862 | Ryde | 54.4 |
| 5 | C Nainazma | 2849 | ASW | 56.7 |
| 6 | P Kelland | 206 | Ryde | 57 |
| 7 | B Tape | 2229 | Nambucca | 58.4 |

Heat 3

| | | | | |
|---|--------------|------|----------------|--------|
| 1 | A Santamaria | 2617 | Blue Mountains | 1.06.4 |
| 2 | S Parkins | 1395 | Girraween | 1.07.3 |
| 3 | R Giesler | 1122 | Girraween | 1.07.4 |
| 4 | T Owen | 83 | Kings Langley | 1.17.1 |
| 5 | R Owen | 82 | Kings Langley | 1.23.6 |
| 6 | R Mar | 1396 | Girraween | 1.24.8 |

1500m Mens

| | | | | |
|----|-----------|------|----------------------|--------|
| 10 | J Kentuel | 1283 | Athletics Wollongong | 4.35.4 |
| 11 | E O'brien | 1755 | Asics West | 4.42.4 |
| 12 | H Kang | | Blacktown | 4.44.9 |
| 13 | D Stone | 160 | Nepean | 4.45.7 |

1500m Mixed

| Place | Name | Number | Club | Time |
|-------|--------------|--------|-----------------|--------|
| 1 | S Marvin | 175 | Hills | 4.44.2 |
| 2 | R Gibbs | 399 | UTS | 4.57 |
| 3 | C Wilson | 997 | Asics West | 4.58.2 |
| 4 | R McNiven | 975 | Athletics Easts | 5.00.0 |
| 5 | K Whiteside | 588 | Bankstown | 5.09.4 |
| 6 | S Kalemusic | 585 | Bankstown | 5.10.1 |
| 7 | M Romer | 584 | Bankstown | 5.11.2 |
| 8 | O Dooley | 1994 | UTS | 5.14.1 |
| 9 | K Kalomusic | 586 | Bankstown | 5.17.2 |
| 10 | S Willcox | 20 | Doonside | 5.22.6 |
| 11 | J Dighton | 145 | Nepean | 5.26.0 |
| 12 | J Barnes | 1223 | Blue Mountains | 5.31.9 |
| 13 | G Wormsley | 618 | Bankstown | 5.53.9 |
| 14 | J Spinney | 1224 | Blue Mountains | 5.57.8 |
| 15 | S Willmott | 15 | Doonside | 5.58.9 |
| 16 | V Saparovich | 2987 | Girraween | 6.10.5 |
| 17 | K Broderick | 183 | Kings Langley | 6.12.4 |
| 18 | M Christie | 1138 | Girraween | 6.21.6 |
| 19 | S Nolland | 71 | Kings Langley | 6.38.8 |
| 20 | E Godbier | 239 | RWC Little A's | 6.43.5 |

3000m - Mixed

| Place | Name | Number | Club | Time |
|-------|-------------|--------|---------------|----------|
| 1 | D Hiranr | 986 | Ryde | 9.56.8 |
| 2 | R Schwebel | 2359 | SSR | 10.23.9 |
| 3 | N Hanna | 1505 | Blacktown | 11.05.40 |
| 4 | E Augustine | 378 | UTS | 11.13.1 |
| 5 | H Kang | 7071 | Blacktown | 11.24.5 |
| 6 | C Baggs | 90 | Blacktown | 11.16.40 |
| 7 | K Brodrik | 183 | Kings Langley | 13.39.0 |
| 8 | C Robens | - | Blacktown | 14.22.3 |
| 9 | R Mar | 1396 | Girraween | 15.11.2 |

5000m Mixed

| Place | Name | Number | Club | Time |
|-------|--------------|--------|------------------|---------|
| 1 | R MacDonald | 360 | UTS | 15.53.6 |
| 2 | S Ilgen | 1023 | Macquarie Hunter | 16.40.5 |
| 3 | J Palethorpe | 2381 | Epping | 17.13.6 |
| 4 | EJ Davie | 1435 | Svdnev Striders | 21.32.6 |

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|----|------------|------|----------------|----------|
| 7 | D Southern | 1754 | Asics West | 9.31.31 |
| 8 | C Porley | 1256 | Blue Mountains | 9.31.53 |
| 9 | S Nolland | 71 | Kings Langley | 9.46.06 |
| 10 | S Kelland | 208 | Ryde | 10.01.42 |
| 11 | R Dhu | 1260 | Blue Mountains | 10.03.50 |

3000m Walk - Mixed

| Place | Name | Number | Club | Time |
|-------|---------------|--------|----------------|---------|
| 1 | C Webb | 4 | Blacktown | 13.07.2 |
| 2 | J Mulhearn | 2094 | Sydney Uni | 13.45.6 |
| 3 | S Washburn | 148 | Nepean | 14.15.6 |
| 4 | N Fazldad | 2445 | Asics West | 14.33.0 |
| 5 | C Lockwood | 7152 | Nepean | 14.34.5 |
| 6 | A Bettol | 778 | Sydney Pacific | 15.01.0 |
| 7 | S Jennings | 163 | Nepean | 15.32.2 |
| 8 | K Klein | 2441 | Asics West | 15.51.7 |
| 9 | S Southern | 1753 | Asics West | 15.53.2 |
| 10 | A Santa Maria | 2617 | Blue Mountains | 16.12.2 |
| 11 | T Porley | 1255 | Blue Mountains | 17.29.6 |
| 12 | J Dhu | 1257 | Blue Mountains | 18.55.4 |

Triple Jump - Mixed

| Age | Name | No | Club | Best Jump |
|-----|--------------------|------|---------------|-----------|
| 16 | Shakti Rathore | 2418 | Sydney Uni | 11.30 |
| 15 | Natalie Apikotoa | 1504 | Blacktown | 10.37 |
| 18 | Elza Latouche | 1501 | Blacktown | 10.13 |
| 14 | Brooke Kirk | 4 | Doonside | 9.82 |
| 25 | Marie Scott | 905 | Blacktown | 9.75 |
| 55 | Daryl Ellis | 2566 | Asics | 9.28 |
| 13 | Todd Owen | 83 | Kings Langley | 8.29 |
| 11 | Christina Ribeiro | 3046 | Westfields | 8.08 |
| 11 | Anja Kolodziej | 2742 | Hills | 8.05 |
| 12 | Shannon Willmott | 15 | Doonside | 8.02 |
| 12 | Ryan Owen | 82 | Kings Langley | 7.29 |
| 33 | Venessa Separovich | 2987 | Girraween | 7.20 |
| 13 | Feda Sarwari | 3028 | Asics | Fouls |

Javelin - Mixed

| Age | Name | No | Club | Best Throw |
|-----|-----------------|------|------------|------------|
| 18 | John Crandell | 129 | ASW | 56.13 |
| 15 | Elliott Lang | 145 | Asics West | 54.57 |
| 15 | Patrick Kelland | 206 | Ryde | 40.20 |
| 13 | Nick Kelland | 207 | Ryde | 29.73 |
| 15 | Sayed Mohammadi | 2850 | Asics West | 29.72 |
| 25 | Declan Patton | 331 | UTS | 28.65 |