

Blacktown City Athletics Club

Allcomers Meet 10 November 2009

100m Hurdles - Ladies

Heat 1

1	23	F Von-Hacht	7028	Blacktown	19.9
2	19	J Cobb	908	Blacktown	20.9
3	17	S Cooper	924	Blacktown	21.9

110m Hurdles - Men

Heat 1

1	18	P Fogarty	923	Blacktown	15.27
2	14	N Ramsay	901	Doonside	15.7.6
3	19	J Zimmerman	901	Blacktown	16.22

1500m

1	16	J Beadman		Blue Mountains	4.13.3
2	21	G Morgan	920	Blacktown	4.40.4
3	11	P Estrada	2247	Blue Mountains	5.46.9

100m

Heat 1

1	16	J Beadman			14.3
2	14	J Lagos	1492		15.1
3	14	N Ramasy	321		15.2
4		C Dimitrakopoulos			13.4

Heat 2

1	15	A Samatmaria	2617	Blue Mountains	14.3
2	12	A Kirk	LA 6	Doonside	15.1
3	11	B Samatmaria		Tallawong	15.2
4	11	P Estroda	2297	Blue Mountains	16.1

Heat 3

1	14	E Sing	135	Doonside	14
2	12	E Lagos	1493	Blacktown	14.2
3	13	B Kirk	4	Doonside	14.3

Heat 4

1	19	J Zimmerman	901	Blacktown	12.5
2		A Carey	916	Blacktown	13.4
3		V Adams	1399	Girraween	13.7
4	15	A Shaw	1678	Blue Mountains	14
5	12	W Kumpulaiha	903	Blacktown	14.1

Heat 5

1		M Scott	905	Blacktown	12.9
2		A Ruse	1496	Blacktown	13.4
3		M G... ..	910	Blacktown	13.0

2	14	N Ramsey	321	Doonside	26.7
3		A Carey		Blacktown	27
4	13	A Ruse	1496	Blacktown	27.5
5		C Dimitrakopoulos			27.9
6	15	A Shaw	1678	Blue Mountains	28.6

Heat 2

1	12	M Kumpulainen	903	Blacktown	28.4
2	12	K Shaw	1877	Blue Mountains	30.9
3	11	B Santamaria	82	Tallawong	31.2
4	12	K Kirk	1	Doonside	32.9
5	11	P Estrada	2247	Blue Mountains	35.1
6	13	L Estrada	2246	Blue Mountains	36.7

Heat 3

1	15	A Santamaria	2617	Blue Mountains	28.5
2	17	S Schweitzer	10	Hills	28.7
3		V Adams	1399	Girraween	29.5
4		M Shaw	1876	Blue Mountains	37.2

Heat 4

1	19	J Zimmerman	901	Blacktown	25.6
2	21	G Morgan	7028	Blacktown	26.8
3	23	F Vanhacht	920	Blacktown	30.3
4	19	J Cobb	908	Blacktown	33

Heat 5

1	14	J Lagos	1492	Blacktown	25
2	13	M. Grnovic	913	Blacktown	27.5
3	12	E Lagos	1493	Blacktown	29.1
4	13	B Kirk	4	Doonside	30

3000m

1575	5.30.7
1078	6.00.4

5000m

EJ Davie	1439	11.31.3
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1500m Walk

Amanda	7.41.2	
Adrian	7.54.3	
Andrew	Blue Mountains	8.03.9
Katrina	Blue Mountains	8.07.4
Maryanne	Blue Mountains	8.11.1
Taylor	8.37.2	
Natasha	8.46.5	
Patrick	9.00.8	
	9.03.3	

3000m Walk

C Webb	4	Blacktown	12.30.4
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Katrina Shaw	1877	Blue Mountains	1.35
Maryanne Shaw	1876	Blue Mountains	1.2
Natasha	2246		1.15

Discus

15	J Bartley	1503	Blacktown	39.05
13	S Woodhouse	1896	Hills	29.9
12	K Kirk	5	Doonside	22.77
12	K Shaw	1877	Blue Mtns	22.38
19	J Cobb	908	Blacktown	21.37
15	A Shaw	1878	Blue Mtns	21.1
54	V Adams	1399	Girraween	18.85
13	A Barrendrect	167	Nepean	18.53
17	S Cooper	924	Blacktown	17
	B Kirk	4	Doonside	16.94
45	M Shaw	1876	Blue Mtns	16.72
13	E Lagos	1493	Blacktown	14.59
23	F Vanhacht	7028	Blacktown	14